



INL INTERNSHIP OPPORTUNITIES

THE OPPORTUNITY

INL hires hundreds of students from universities around the country and the world each year to work at the lab under the guidance of skilled and talented mentors. These internships enable students to collaborate with experienced scientists and engineers in order to develop innovative solutions to challenging, real-world projects. Internships support INL's three mission areas of nuclear energy, energy and environment, and national and homeland security.

The majority of INL internships are in science, technology, engineering and mathematics (STEM) fields, such as nuclear engineering, chemistry,

computer science and physics. However, INL also offers internships in fields such as business, marketing, communications and logistics. An INL internship builds confidence, introduces students to possible career fields, and complements what they are studying in school.

THE EXPERIENCE

INL strives to make the internship experience as valuable as possible. Internships are structured based on an 80/20 philosophy. INL encourages interns to spend 80 percent of their time at the lab with their mentor and apply their classroom knowledge to real-life work, and to spend 20 percent

of their time in enrichment activities like workshops or skill-building activities. Come find out why Vault ranked INL as one of the Best Energy Internships and Goodcall ranked Idaho Falls as one of the Best U.S. Cities for a Summer Internship.

WORK HARD, PLAY HARD

The INL headquarters building is located in Idaho Falls, Idaho, just minutes from outdoor adventure. Additional facilities are located on the desert Site about 45 miles west of Idaho Falls. Idaho Falls is a friendly community with year-round music and theatrical performances and vibrant community events. Area

attractions include Yellowstone and Grand Teton National Parks, the Snake River Greenbelt, Craters of the Moon National Monument, museums, hot springs, ziplining, rodeos, hiking, biking and more.

COMPENSATION AND BENEFITS

INL internships include a nationally competitive wage that is based on the number of credits completed, combined with the degree program. Eligible interns are provided holiday pay, and many of our internships offer travel reimbursements along with a generous housing stipend.

ELIGIBILITY REQUIREMENTS

- Enrolled full-time student status at an accredited U.S. college or university.
- Ability to pass a background check.
- Minimum of 3.0 cumulative GPA.

Note: Foreign national students may be eligible for internships if they obtain a J1 visa or attend an accredited U.S. university or college, and they can obtain a U.S. work authorization (Curricular Practical Training or Optional Practical Training).

APPLY

To apply, go to www.inl.gov/careers/ and click the Internships button. You will then upload the following:

- Current resume or curriculum vitae
- Unofficial transcripts
- Current class schedule and credits

CONTACT US

Internships Program
208-526-1945
internships@inl.gov

<https://inlcareers.inl.gov/>

"My mentors and the people I work with are great, and put a lot of trust in what I say and do. They respect my opinion, and value my work."

"I really like the fact that I can work with the best researchers in my area, that I can learn from them, experience how they work, how they collaborate with each other, etc."

"I enjoy having the hands-on research experience working within the lab. Having the ability to get qualifications to tools and equipment are beneficial for my current work as well as future work."

"My experience here was amazing, hope I can return in the future. It totally expanded my views about my research field, and I'll leave with a lot of knowledge."

"It is challenging and gives me many opportunities to learn about and get hands-on experience with new things I could not do at any other place. It is helping me learn to be self-directed and improve problem-solving skills."

—INL interns

SUPPORTING THE NEXT GENERATION
OF SCIENTISTS AND
ENGINEERS



Experience THE FUTURE